## -APPETIZERS-

#### **CONCH FRITTERS** \$18

Caicos Conch, Sweet Peppers, Onions, Island Spices, Rum Scented Marie-Rose Sauce

#### **CONCH FINGERS** \$18

Breaded Caicos Conch, Cocktail Sauce

## **BUFFALO CHICKEN WINGS** \$17

Breaded, Crisp Fried Chicken, Carrot, Celery, Tossed in Our Unique Hot Sauce or Jamaican Jerk Sauce

## **SALMON CAKES** \$15

Fresh Alaskan Salmon, Fresh Herbs, Spices, Vegetable Slivers, Pan-Seared with Virgin Olive Oil, Avocado Tartar Sauce

## **VEGETABLE SPRING ROLLS** \$14

Crispy and Golden Brown, Stir Fry Vegetables, Fresh Herbs, Sweet Chili Sauce

#### SLIDERS \$18

Beef or Fish Sliders, Dill Pickle, Cherry Tomato, Sesame Seed Buns Add Cheese \$2 Add Bacon \$2

## CHIPS, SALSA & GUACAMOLE \$14

Fresh Corn Tortilla Chips, Homemade Salsa, Fresh Guacamole

## **QUESADILLA** \$15

Mixed Cheeses, Crispy Flour Tortilla, House Salsa, Guacamole, Sour Cream Add Chicken: \$7 Add Fish: \$9

## **ASIAN LETTUCE WRAPS** \$16

Sautéed Chicken Breast, Hoisin Sauce, Ginger, Roasted Peanuts, Thai Chili, Served in Lettuce Cups

#### **COCONUT SHRIMP** \$19

Coconut Crusted Shrimp, Slivered Vegetable Salad, Sweet Chili Sauce

## **GARLIC SHRIMP** \$19

Garlic Butter Sautéed Shrimp, Slivered Vegetable Salad, Garlic Butter

## -SOUPS-

## CHILLED PRAWN & GAZPACHO SOUP

Cup \$10/Bowl \$16
Poached Citrus Scented Prawn, Cucumber, Sweet Peppers,
Onion, E.V.O., Tomato-Garlic Broth, Crispy Tortilla

#### **CONCH CHOWDER**

Cup \$10/Bowl \$16 Caicos Conch, Root Vegetables, Potatoes, Fresh Herbs, Cream, Fresh Bread

## ISLAND STYLE CHICKEN & PUMPKIN SOUP

Cup \$10/Bowl \$16 Calabaza Pumpkin, Assorted Root Vegetables, All Spice, Potatoes, Dumplings, Scotch Bonnet Pepper, Scallion

No outside food or drink allowed. \$15 Corkage Fee for all outside wine We reserve the right to refuse service to anyone. Automatic 15% gratuity added to parties 6 or more.

All credit card transactions are processed under "RCO, Ltd"





"Enjoy amazing sunsets on the best beach in the world"



# -FLATBREADS-

## **MARGHERITA FLATBREAD** \$18

Basil Pesto, Mozzarella Cheese, Fresh Tomatoes, Caicos Sea Salt

## **BISTRO FLATBREAD** \$18

Goat Cheese, Kalamata Olives, Sundried Tomatoes, Red Onion Add Chicken \$7

## **SEAFOOD DELIGHT FLATBREAD** \$26

Caicos Conch, Grilled Grouper, Shrimp, Mozzarella, Red Pepper Sauce, Fresh Herbs

#### **NEW YORKER FLATBREAD** \$20

Mozzarella Cheese, Basil, Sausage, Fresh Tomatoes

# -SALADS-

Dressing Choices: Ranch, Blue Cheese, Honey Mustard, Homemade Lemon Thyme, Balsamic

## TACO SALAD \$18

Crispy Tortilla, Romaine Lettuce, Cheddar Cheese, Taco Sauce, Sour Cream, Salsa, Guacamole. Add Seasoned Beef or Grilled Chicken: \$7 Add Fish \$9

## **ISLAND BISTRO** \$19

Mixed Field Greens, Walnuts, Goat Cheese, Kalamata Olives, Sun Dried Tomatoes, Balsamic Vinaigrette Add Chicken \$7 Add Fish: \$9 Add Shrimp: \$12

## **CONCH CEVICHE** \$17

Raw Marinated Caicos Conch, Citrus Dressing, Sweet Peppers, Habañero, Onion, Corn Tortilla Chips

## **CLASSIC CAESAR SALAD** \$18

Romaine Lettuce, Herbed Croutons, Shaved Parmesan Cheese, Creamy Garlic Dressing, and Bacon Crumbles Upon Request

Add Chicken \$7 Add Fish: \$9 Add Shrimp: \$12

## THE WEDGE \$16

Iceberg Lettuce, Smoked Bacon, Raisins, Diced Tomato, Walnuts, Cilantro, Balsamic Vinaigrette, Blue Cheese Crumbles



## -ENTREES-

## **CHICKEN CURRY** \$27

Braised Chicken, West Indian Curry Sauce, Steamed White Rice, Fire Toasted Lentil Cracker, Mango Chutney

#### **CABANA BURGER** \$21

Flame Broiled Angus Beef, Fresh Baked Kaiser Roll, Crisp Lettuce, Fresh Tomato, Red Onion, Pickle Add Cheese \$2 Add Bacon \$2 Add Sautéed Onion \$1 Add Mushroom \$1

#### FRESH ATLANTIC SALMON \$32

Grilled OR Sesame Crusted, Fried Rice, Medley of Fresh Vegetables, Garlic-Ginger Glaze

## **ENCRUSTED GROUPER** \$39

Coconut OR Almond Crusted Grouper, Island Rice, Sautéed Vegetables, Light Coconut-Curry Reduction

## **FISH & CHIPS** \$21

Turks Head Beer Batter, Home Cut Fries, Coleslaw, Tartar Sauce, Lemon

## **LINGUINE OR PENNE PASTA** \$20

White Wine Garlic Cream OR Roasted Garlic Red Pepper Tomato Sauce, Fresh Herbs, Aged Parmesan, Garlic Bread Add Veggies \$5 Add Chicken \$7 Add Shrimp \$12

## **GROUPER YOUR WAY \$38**

Grilled, Blackened, Jerked or Pan Seared, Island Rice, House Salad, Tropical Fruit Salsa

## **CAPRESE GROUPER** \$38

Pan Seared Grouper, Mozzarella, Roasted Tomato, Mashed Potatoes, Sautéed Broccoli, Roasted Red Pepper Sauce, Homemade Pesto Drizzle

## **SNAPPER De CREOLE** \$38

Grilled OR Fried Snapper Fillet, Jasmine White Rice, Sautéed Vegetables, Island Style Creole Sauce

## **CERTIFIED ANGUS STRIPLOIN \$42**

Fire Seared 12oz Angus Striploin, Roasted Garlic Mashed Potatoes, Medley of Fresh Vegetables, Woodland Mushroom Sauce

#### THREE BEAN AND VEGETABLE CURRY \$26

Red Kidney, Black Bean, Garbanzo, Medley of Fresh Vegetables, Light Curry-Coconut Broth, Steamed White Rice, Mango Chutney, Toasted Lentil Cracker

## -SWEET TREATS-

#### **FRUIT PLATE** \$15

Variety of Fresh Fruit with Vanilla Yogurt

#### **BROOKIE** \$13

Brownie, Chocolate Chip Cookie Creation, Vanilla Ice Cream Scoop, Chocolate Sauce Drizzle, Whipped Cream, Maraschino Cherry

#### **VANILLA SUNDAE** \$11

2 Scoops Vanilla Ice Cream, Chocolate Sauce, Whipped Cream, Maraschino Cherry, Chopped Walnuts

## **KEY LIME PIE** \$11

Key Lime Juice, Graham Cracker Crust, Topped with Whipped Cream, Lime Slice

